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Mann

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(54) **COMPOSITION THAT REGULATES AND
DIMINISHES APPETITE AND METHODS
RELATING THERETO**

(76) Inventor: **Morris A. Mann**, 21669 N. 57th Ave.,
Glendale, AZ (US) 85308

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Primary Examiner—Edward J. Webman

Assistant Examiner—Helen Nguyen

(74) *Attorney, Agent, or Firm*—The Halvorson Law Firm

(57) **ABSTRACT**

A balanced composition of complex carbohydrate, protein, simple sugars, and lipids in the weight proportion of 3:2:1:1 substantially reduces appetite, even though the caloric composition is very low (about 240 cal per serving). This composition substantially facilitates weight loss, and increases exercise tolerance. It is designed for oral administration.

3 Claims, 1 Drawing Sheet

